

Introduction to Healing Yoga

REGISTRATION FORM

For Introduction to Healing Yoga Class Series with Melaney Seacat

Date: Thursdays: September 8 15,22, and 29, 2016

Time and Location: 5-6 pm at Wellness First! 3861 N. First Ave.

Name: _____

Address: _____

Phone: _____ Email: _____

Emergency Contact: _____

Best way to reach contact: _____

Payment: Check # _____ (payable to Melaney Seacat)

Registration deadline is September 6, 2016

If you have a yoga mat, please bring it. Extras will be provided.
Bring water and wear comfortable clothes (layers for body comfort).

ENJOY!